About AWHONN

AWHONN advances the nursing profession by providing nurses with critical information and support to help them deliver the highest quality care for women and newborns.

Through educational materials, legislative programs, research, and coalition work with like-minded organizations and associations, AWHONN has firmly established itself as the leading association for women’s health, obstetric, and neonatal nurses.

The association’s activities are focused on three areas:
- Childbearing and the newborn
- Women’s health across the lifespan
- Professional issues

The rich diversity of members’ skills and experience makes AWHONN the voice for women’s health and neonatal nursing.

Fetal Heart Monitoring Instructor Course

The AWHONN Fetal Monitoring Instructor course will be offered on Thursday, September 8th, 2016, the day before state conference. It will be held at The Holiday Inn Express. Additional information is posted on the AWHONN website or you may contact Beth McIntire at emcinti1@iuhealth.org if you have questions.

Silent Auction to benefit AWHONN Health Funds will be held during the conference.

Anna Dawson is a popular seminar leader, known for delivering her unique combination of instruction, empathy and humor to help audiences understand difficult financial concepts. Prior to joining Edelman Financial, Anna spent several years in postgraduate education management. Anna is especially passionate about educating those in the health care industry, as she comes from a family with many nurses and first responders. Anna is a Registered Investment Advisor Representative and holds a BA degree in Communication from North Central College located in Naperville, Illinois.

Stephanie Fritz is a Licensed Midwife (LM) and Certified Professional Midwife (CPM), a Therapeutic Gemstone Practitioner, and author. She is a public speaker and an essential oil educator. Stephanie has a very successful midwifery practice in Southeast Arizona.

Catherine Ruhl, MS, CNM is Director of Women’s Health Programs at the Association of Women’s Health, Obstetric and Neonatal Nurses. Catherine has over 30 years of experience in maternal health as a clinician, manager, and educator. She coordinates professional nursing education programming at AWHONN and represents AWHONN to a variety of national organizations. Catherine obtained her Bachelors in Nursing from the University of Kansas and her Masters in Nursing from the University of Illinois at Chicago. Catherine has been a certified nurse-midwife for 28 years and currently practices at Presbyterian Hospital in Albuquerque, New Mexico.

Julie Schnieders NP, MSN is the Executive Director of Patient Services for the “new” St. Vincent’s Women’s Center in Carmel, Indiana. Julie is a board certified Women’s Health Practitioner. She frequently serves as a guest lecturer at a variety of women’s health events for both professional and the lay public. She has a large following of patients while also being recognized for her contribution to breast health in the establishment of a High Risk breast program at St. Vincent hospital. Julie is the content contributor to 3384HER website and author of “Ask Julie”. Julie’s goal is to take care of women as they spend their lives taking care of everyone else.
Purpose of the Conference: To provide healthcare professionals the opportunity to explore and share new ways to improve outcomes for women and neonates.

Objectives:
- Discuss the most up to date guidelines for breast health and preeclampsia guidelines
- Identify cardiac risk factors that pertain to women
- Determine conditions that are relevant to women’s health
- Discuss the concept of “triage” as a nursing role and responsibility.
- Describe how a standardized approach to the obstetric triage can improve processes and outcomes.
- Explain the development and use of AWHONN’s Maternal Fetal Triage Index (MFTI).
- Define principles of the hormonal physiology of childbearing.
- Define impacts of common maternity care interventions on hormonal physiology (scheduled birth, synthetic oxytocin, epidural, early separation of mom and baby).
- Discuss nursing care and management that promotes healthy hormonal function of the mom and baby dyad.
- Identify how to maximize social security and how to handle beneficiary designations.
- Identify why it’s important to diversify your portfolio, maintain a long-term focus and rebalance your portfolio.
- Define essential oils.
- Describe safety factors when using essential oils.
- Identify oils to use during pregnancy, for labor, for postpartum care, and well-baby care.

CEs Provided: IU Health, Indianapolis (OH-412, 6/1/2016) is an approved provider of continuing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. Nurses will be granted contact hours for attendance at the entire event and submission of an evaluation. CEs have been applied for.

Hotel Information: Hotel listings for the I-70 Plainfield exit are available at http://indianaawhonn.webs.com. The Indiana University Health leadership team is staying at The Holiday Inn Express, 6295 Cambridge Way, Plainfield, IN, 46168. (317) 839-9000. The Holiday Inn Express is offering reduced rate for conference attendees of $89.00 per night.

Parking: Complimentary parking available in front of the conference center.

Conference Schedule

7:30-8:00A  Registration and Exhibits
Continental Breakfast

8:00-8:15A  Welcome and Introduction
Debra Howell, MSN/Ed, RNC-OB

8:15-9:15A  Caring for the Caregiver
Julie Schnieders NP, MSN

9:15-10:30A  Improving Obstetric Triage:
AWHONN’s Maternal Fetal Triage Index
Catherine Ruhl, MS, CNM

10:30-11:00A  Break and Exhibits

11:00-12:00A  Preparing for Retirement
Anna Dawson, Instructor, Financial Independence Team,
Edelman Financial Services

12:00-1:00P  Lunch and Exhibits

1:00-2:15P  “Essential Oils for Pregnancy, Birth & Babies”
Stephanie Fritz LM, CPM

2:15-2:30P  Break and Door Prizes

2:30-3:45P  The Hormonal Physiology of Childbearing
Catherine Ruhl, MS, CNM

3:45-4:00P  Wrap-Up and Evaluations
Debra Howell, MSN/Ed, RNC-OB

GO GREEN — Program materials, including submitted speaker handouts and presentations, will be accessible before, during, and after the conference at http://indianaawhonn.webs.com.

Registration Form

First Name_________________________ MI____
Last Name__________________________
Credentials________________________________
Title______________________________
Company/Hospital____________________
Work Address________________________
City__________________________________
State____________________ Zip__________
Home Phone (_____)___________________
Fax (_____)__________________________
Home Address________________________
City__________________________________
State____________________ Zip__________
E-mail______________________________

Please select your affiliation:

☐ AWHONN Member ($100.00)
☐ Non-Member ($125.00)
☐ Undergraduate Student ($40.00)
☐ Please check here if a vegetarian or alternative dietary lunch is desired.

Make checks payable to AWHONN Indiana. Please cut on the dotted line and return the completed registration form and payment to:

Fall Conference
C/o Kitty Herndon
7804 S. Oak Dr.
Indianapolis, Indiana 46227

Or-
Online Registration Available
http://indianaawhonn.webs.com

Deadline for pre-registration is August 26, 2016. Onsite registration will be available with an additional $25 fee ($10 for students) after August 26, 2016.